

Client Name :	Nikola Ognjenovic	Home Number :	00000000
Test Date :	26, Jan 09	Mobile Number :	00000000
National Insurance :	name not in client table	Email :	name not in client table

Gender :	Male	Build :	Athlete (Pro.)
Height :	179.00 cm	Nationality :	European
Weight :	66.40 kg	Units :	Metric
Age :	21.00 years	Plasma creatinine :	0.00 mg/dL

Results Data

Body Composition

Fat Free Mass :	59.65 kg
Fat Free Mass % :	89.83 %
Fat Mass :	6.75 kg
Fat Mass % :	10.17 %
Body Volume :	61.70 lt
Body Density Mass :	1.08 kg
Resting Metabolic Rate :	1845.00 kcal
Body Mass Index :	20.70 kg/sq m
Target Fat Min/Max :	8.00 to 13.00 %
Target Weight Min/Max :	66.00 to 78.00 kg

Fluid Status

Total Body Water :	39.62 lt
Total Body Water % :	59.66 %
Extracellular Water :	16.88 lt
Extracellular Water % :	42.60 %
Intracellular Water :	22.74 lt
Intracellular Water % :	57.39 %
Extra/Intracellular Water :	0.74
Extracellular Fluids	17.89 lt
Interstitial-Fluid (Extravascular) :	12.49 lt
Plasma -Fluid (Intravascular) :	3.57 lt
Extracellular Solids :	6.03 lt
Target Water Min/Max :	63.00 to 70.00 %

Cell Mass

Body Cell Mass :	30.81 kg
Extracellular Mass :	28.84 kg
Muscle Mass :	30.06 kg

Minerals Protein and Glycogen

Protein Mass :	14.82 kg
Mineral Mass :	5.20 kg
Total Body Calcium :	1187.00 g
Total Body Potassium :	147.10 g
Glycogen Mass	542.00 g

GFR and Dry Weight

Creatinine Clearance :	0.00 mL/min
Glomerular Filtration :	0.00 mL/min
Dry Weight	64.34 kg

Electrical Model

Capacitance Serial :	41.10 nF
Resistance Parallel :	540.00 ohms
Reactance Parallel :	3697.40 ohms
Capacitance Parallel :	860.90 pF

50 kHz Raw Data

Impedance :	534.00 ohms	Phase angle :	8.32 degrees
Resistance :	529.00 ohms	Reactance :	77.30 ohms

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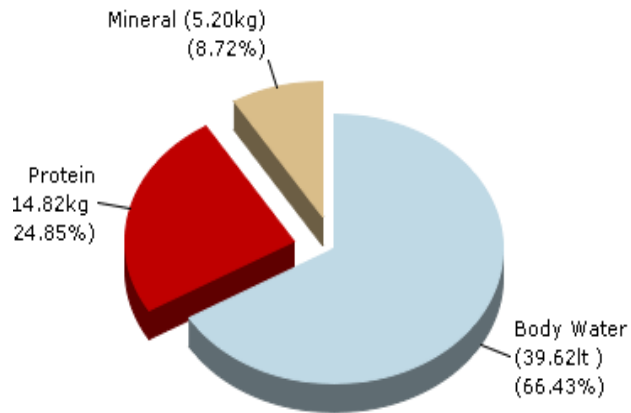
Mobile Number : 00000000

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Minerals Protein and Glycogen

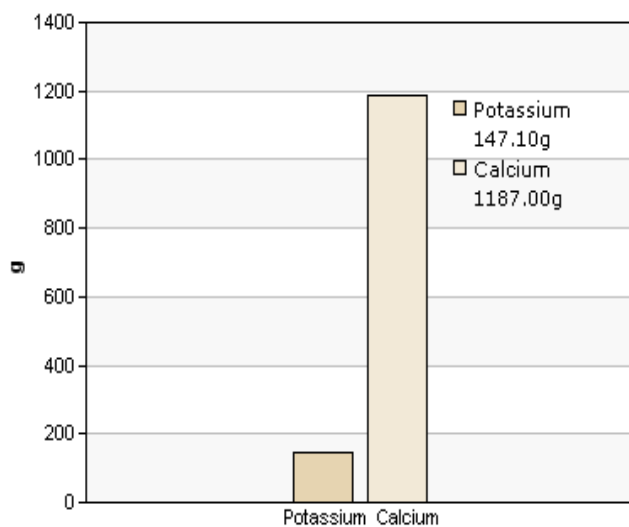
Minerals and Protein as a Fraction of FFM



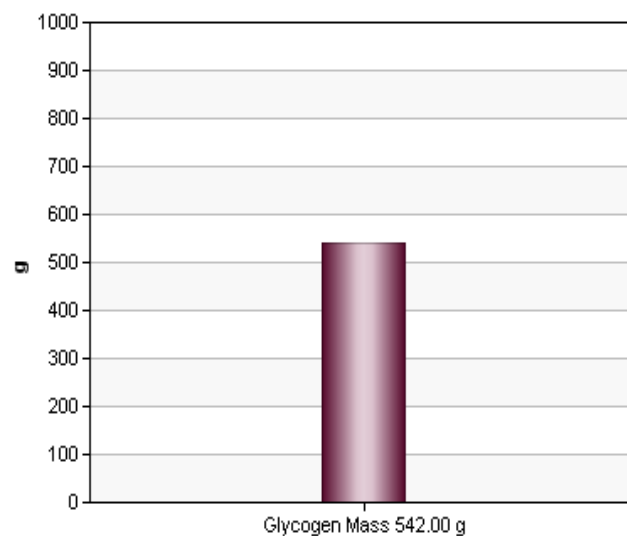
Remarks and Comments

Add your comments here.

Measured Body Minerals



Glycogen Mass

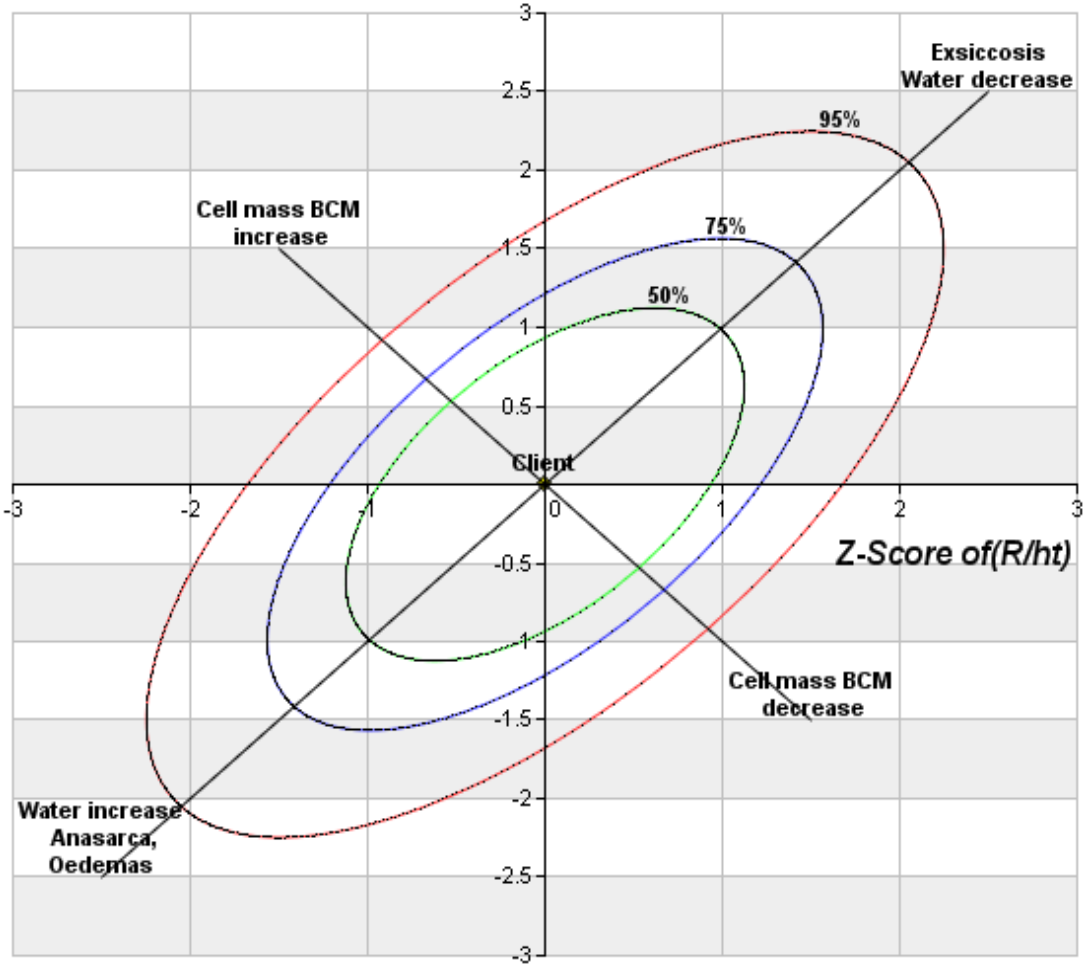


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BIA Chart

Z-Score of(Xc/ht)



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50 kHz Raw Data

Impedance

Impedance increasing can be indication of client losing total body water (TBW).

Impedance decreasing can be indication of client gaining more total body water (TBW).

Phase Angle

Phase angle increasing can be indication of client losing extracellular water (ECW).

Phase angle increasing can be indication of client gaining more body cell mass (BCM).

Phase angle decreasing indication of client gaining more extracellular water (ECW).

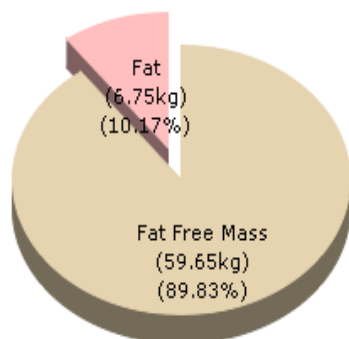
Phase angle decreasing indication of client losing body cell mass (BCM).

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Body Composition

Body Composition

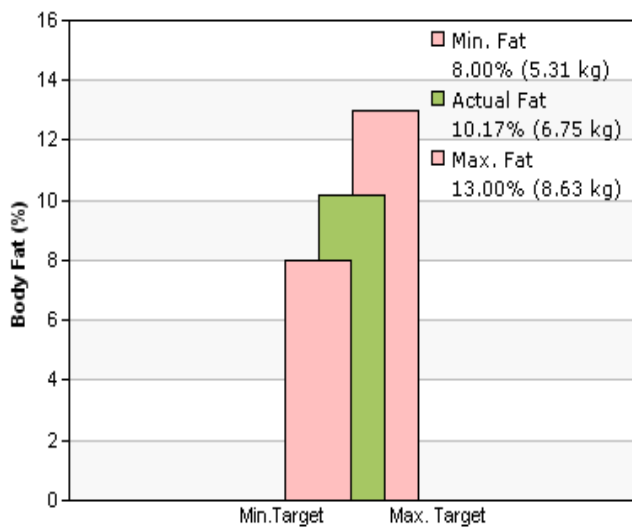


Remarks and Comments

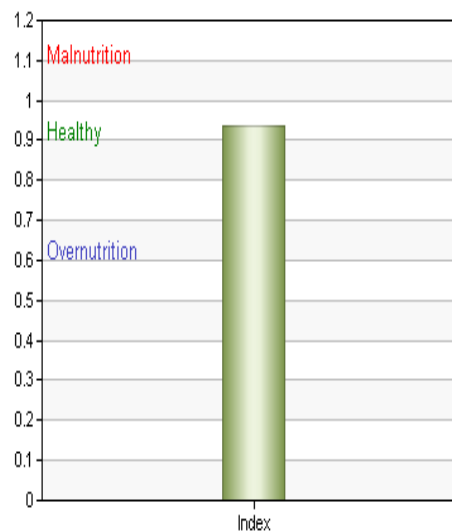
Fat within target Yes
 Body fat level is healthy.

Add your comments here.

Body Fat and Targets



Nutritional Index (ECM / BCM) of 0.94

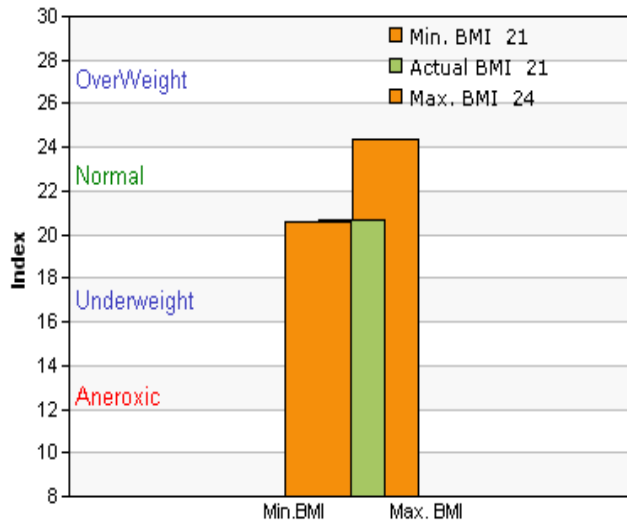


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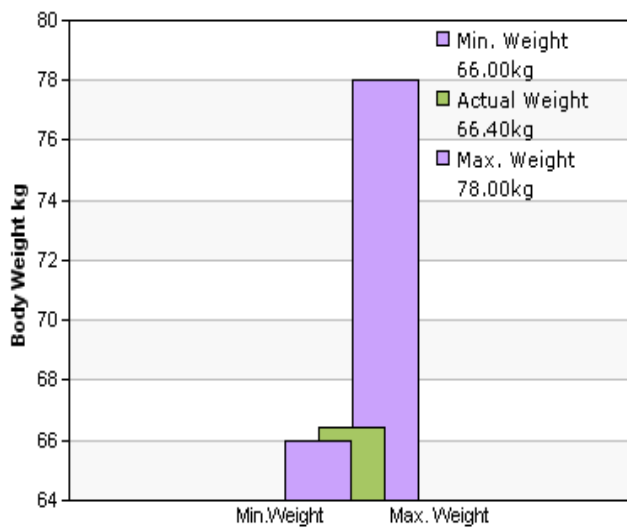
BMI Level



Remarks and Comments

Add your comments here.

Body Weight and Targets



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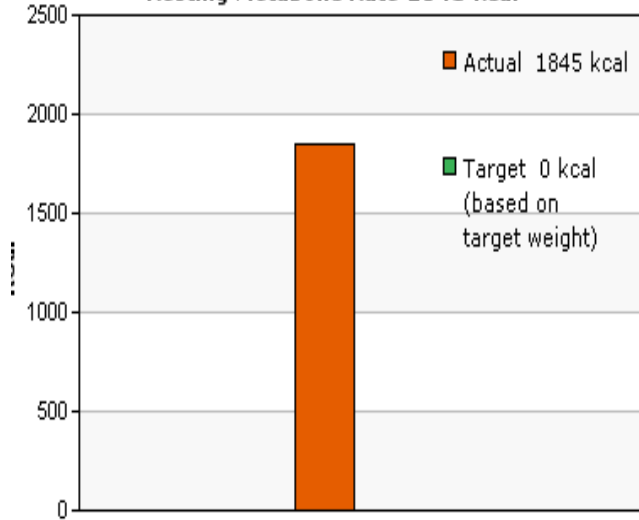
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Body Composition

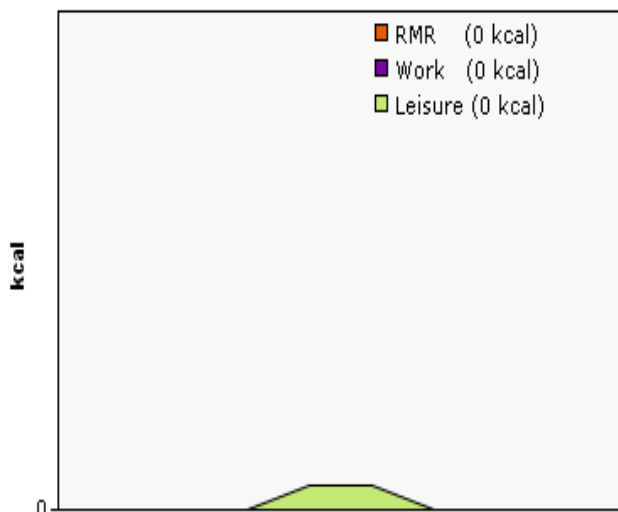
Resting Metabolic Rate 1845 kcal



Remarks and Comments

Add your comments here.

Daily Estimate Total Calories Burnt

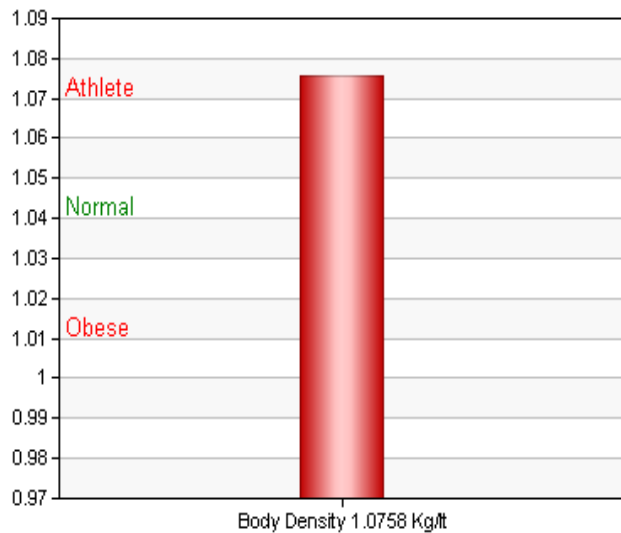


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Body Composition

Body Density

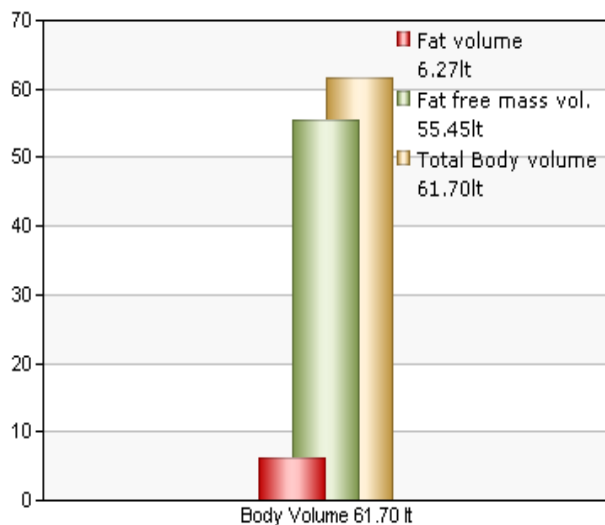


Remarks and Comments

Add your comments here.

Add your comments here.

Body Volume

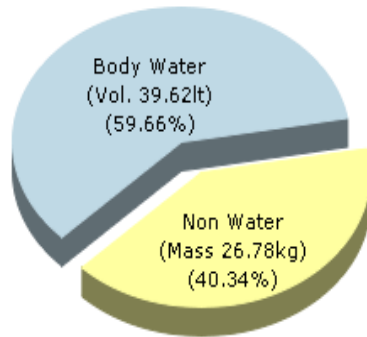


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Fluid Status

Body Water as a Percentage of Body Weight



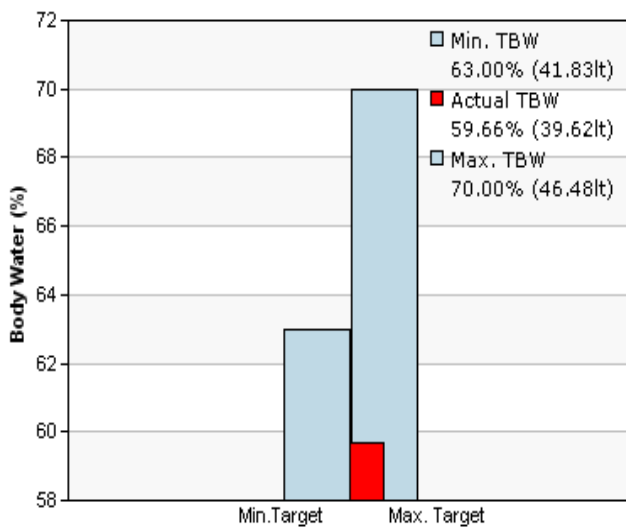
Remarks and Comments

(100 % = Body Weight.)

Total Body Water is lower than target min. by 3.34 %

Add your comments here.

Body Water and Targets



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Fluid Status

FFMH (HYDRATION) As Percentage of FFM

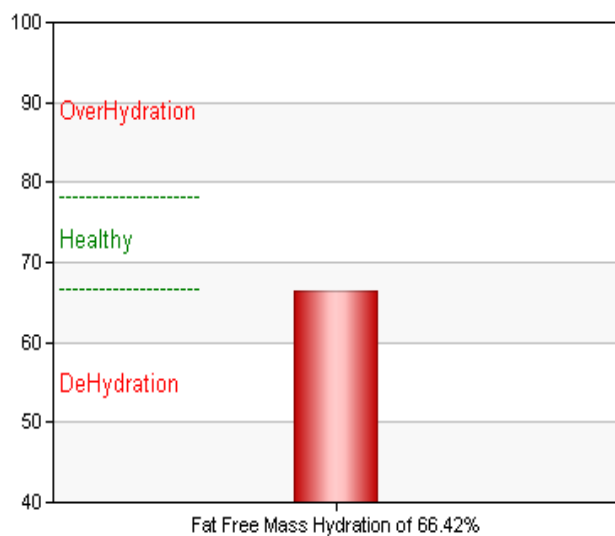


Remarks and Comments

(100 % = Body Weight.)

Add your comments here.

Fat Free Mass (Hydration)

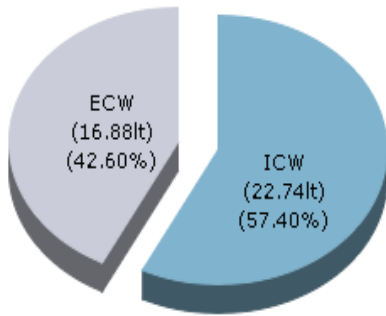


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Fluid Status

Components of Total Body Water

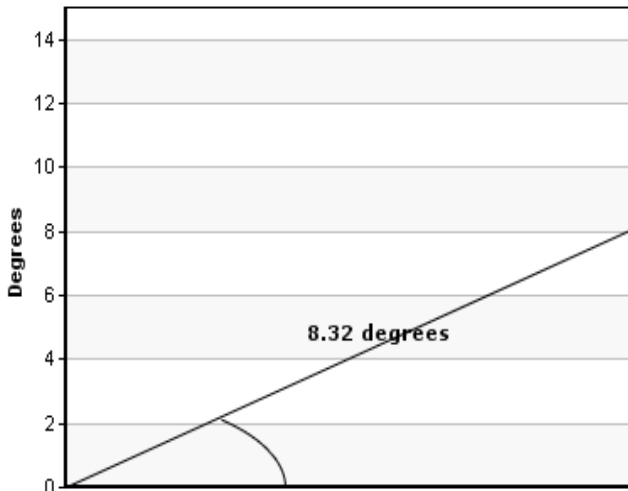


Remarks and Comments

Healthy muscular and good water proportion.

Add your comments here.

Phase angle 8.32

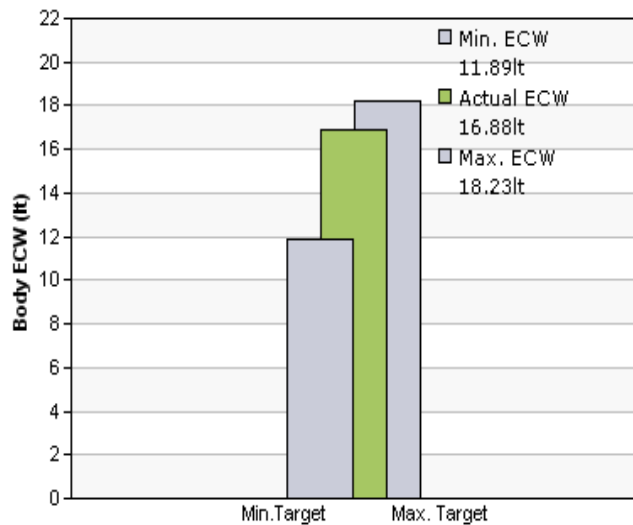


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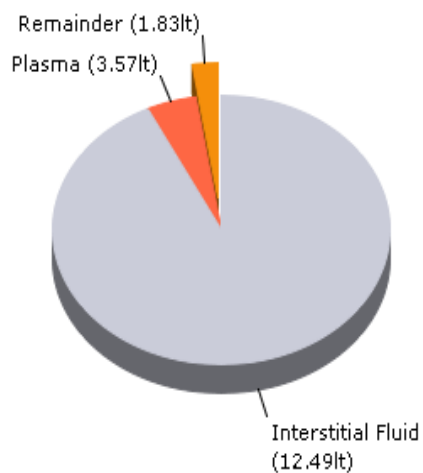
Body ECW and Targets



Remarks and Comments

Add your comments here.

Components of Extracellular Fluid

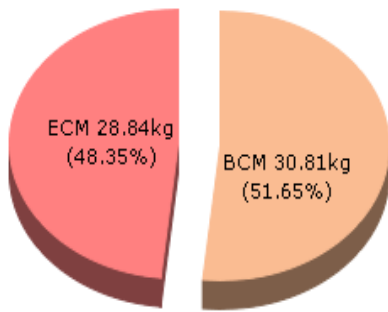


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Cell Mass

Components of Fat Free Mass

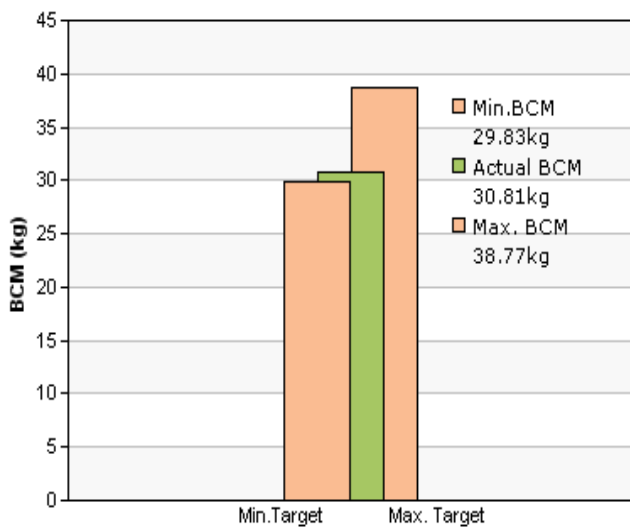


Remarks and Comments

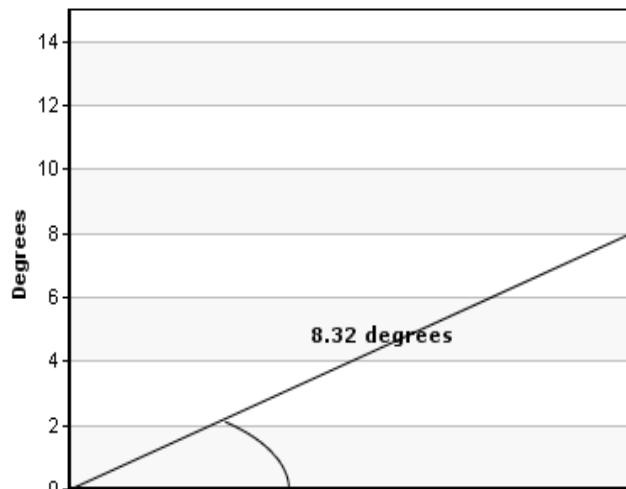
Healthy muscular and good water proportion.

Add your comments here.

Body BCM and Targets



Phase angle 8.32



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Cell Mass

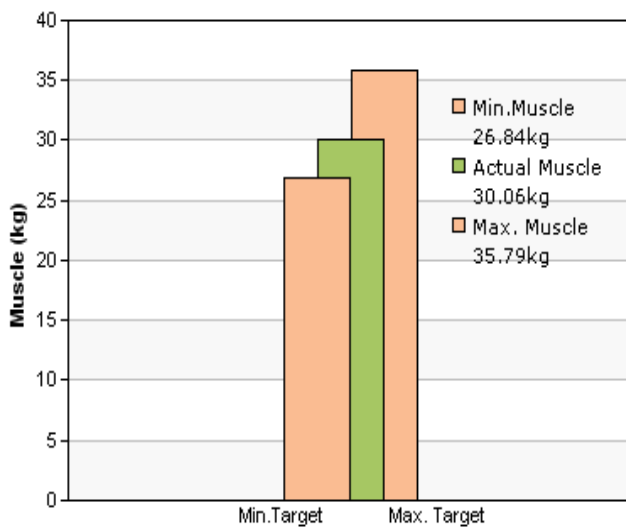
Muscle Mass as a Fraction of BCM



Remarks and Comments

Add your comments here.

Body Muscle and Targets

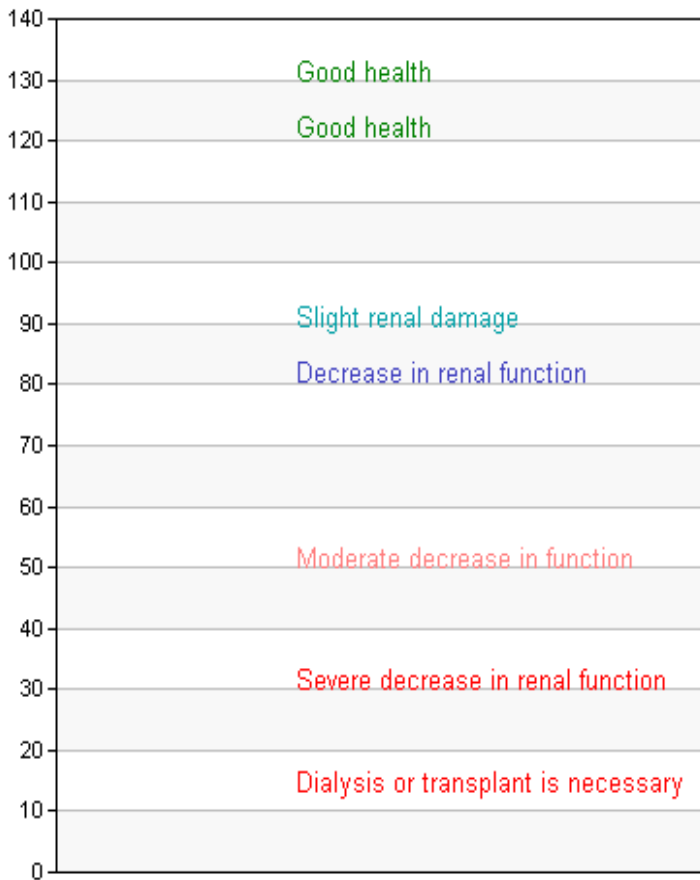


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GFR and Dry Weight

Glomerular Filtration Rate 0.00 mL/min



Remarks and Comments

Plasma Creatinine 0.00 mg/dL

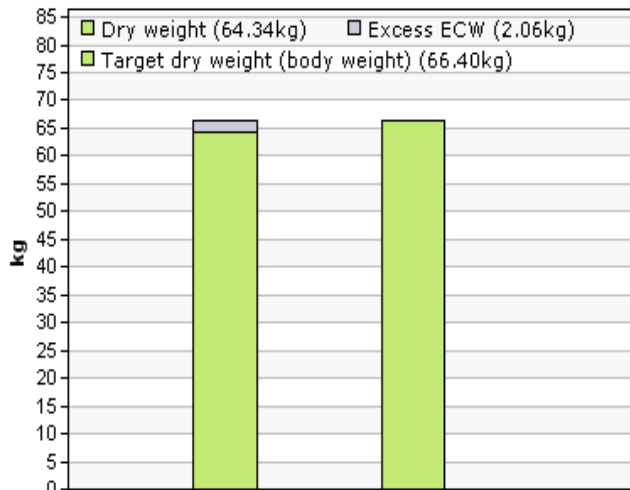
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GFR and Dry Weight

Dry Weight and Target



Remarks and Comments

Healthy muscular and good water proportion.

Add your comments here.

Dry Weight and Excess ECW



Phase angle 8.32

